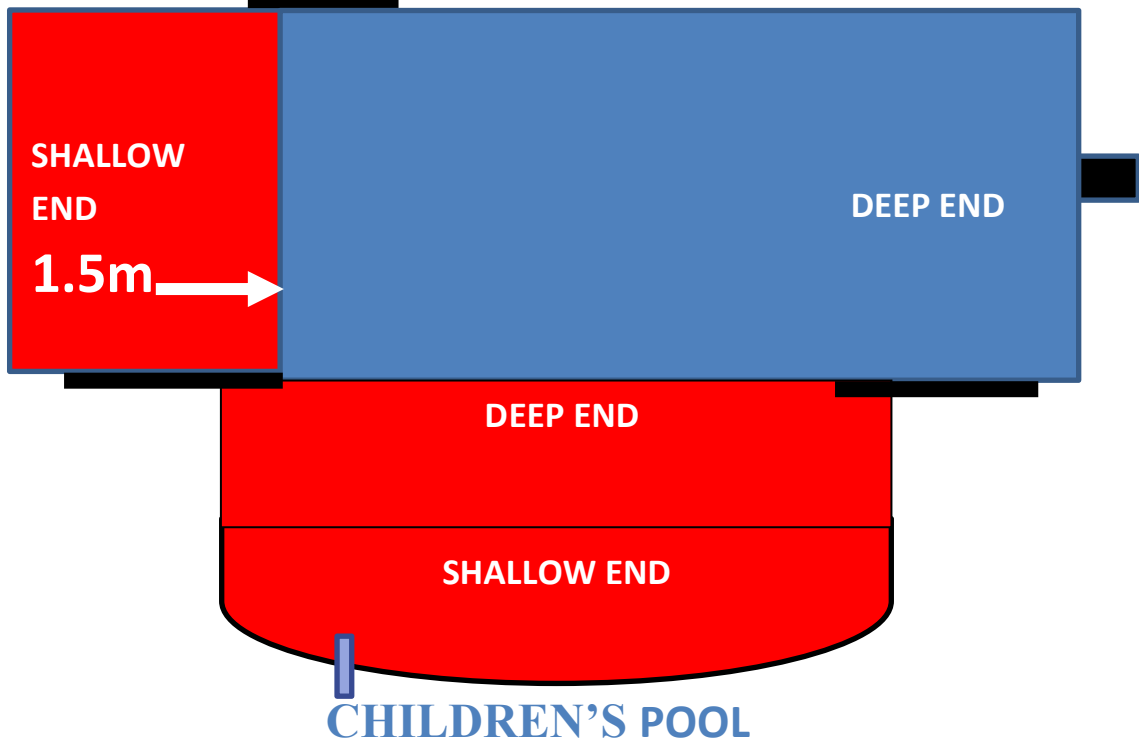


# DIVING INTO THE POOL

## MAIN POOL



### NO DIVING AREAS

COLOURED RED

- No backward dives
- No running dives
- No indiscriminate dives
- No diving under **1.5 M** depth of water
- Standing dives only

### SAFE DIVING AREAS

COLOURED BLUE

- Flat shallow dives only
- Keep hands together
- Arms extended
- Protect your head Look before you leap

